

**Olympic Council of Asia (OCA)  
Asian Youth Camp  
Guidelines**

**1) Project name:**

Asian Youth Camp

**2) Implementation period:**

TBC

**3) Introduction:**

One of the OCA's objectives is to promote the practice of sport, encourage and improve the standard of performance in the spirit of fair play.

OCA is always working hard to support NOCs in Asia to develop and implement their strategies and try to develop that will help in increasing individual's awareness and performance.

The young generation and youth are the future of our continent and with them, we can build better societies, OCA's Asian Youth Camp will not only focus on the development of technical sports skills but also focus on the development of individuals (youth) and use sports and education as a mean and tool to focus on both sports and education outcomes.

Coaches and Judges are key factors in developing sports in NOCs and play an important role in enhancing sporting performance and help in building generations for better societies.



OLYMPIC COUNCIL OF ASIA

Using sport as a tool for development will help advance the Sustainable Development Goals (SDGs) and ensure sustainability and legacy for a project and the important role of Sport in achieving the SDGs.

#### 4) Project goals and objectives:

- Developing Youth in Asia on a technical and educational level.
- Developing coaches and technical officials/Referees in Asia.
- Raise the performance level of young athletes in Asia.
- Support NOCs and their respective national federations in their strategies to develop their athletes' skills, coaches and technical officials/referees and enhance performance.
- Educating young generations in Asia and creating equal opportunities for those that don't have access to such programme.
- Educating coaches and judges in Asia and creating equal opportunities for those that don't have access to such courses and education.
- Create equal opportunities between boys and girls to participate and develop, enhancing gender equity
- Advance the Sustainable Development Goals while focusing on the below SDGs as part of our project
  1. Goal 3: Good health & Well Being
  2. Goal 4: Quality Education
  3. Goal 5: Gender Equality
  4. Goal 10: Reduce inequality within and among countries

#### 5) Description of the project activities:

- OCA will organize the Asian Youth Camp in collaboration with International Federations (IFS) for 2 young athletes (1 boy and 1 girl) for each of the Asian NOCs in addition to 1 Coach and 1 Technical Official /Referee from each NOC to take part in this camp.
- The age limit for both boys and girls shall be **confirmed with the IF based on the sport selected.**

- OCA will select the host NOC to host the Asian Youth Camp.
- Registration will take place using a link provided by OCA.
- Courses will be conducted in English.
- A small tournament will be organized at the end of the camp.
- Educational sessions will be delivered to athletes covering the following topics
  - Anti-Doping
  - Olympic Values Education Programme (OVEP)
  - Post Career

**6) Target groups:**

NOCs, Young Athletes, Coaches & Judges.

**7) Project Sustainability and Legacy:**

- Developing youth in Asia which will help in enhancing their performance and sporting levels.
- Educate young generations
- Investing in coaching and referring in Asia will increase performance and sporting levels in the continent.
- Support NOCs strategies in developing athletes, human resources, and entourage that will develop the national sporting movement.

**8) Project site:**

TBC

**9) Project Budget and financial obligations**

- OCA will bear all expenses for full board accommodation (3 meals + Daily Laundry) and air tickets (Economy class airfare) for 2 athletes - 1 Coach & 1 Technical Official per NOC.
- OCA will cover all athletes' medical insurance for two weeks in case any training-related injury is caused in the camp.